

Kristina Lawson, J.D., Chair
Panel B

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8 *Attorneys for Complainant*

9
10 **BEFORE THE**
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
11 **STATE OF CALIFORNIA**
12

13 In the Matter of the Accusation Against:

Case No. 800-2015-015077

14 **RICHARD DIETER RUTH, M.D.**
8291 San Pablo Drive
15 Buena Park, CA 90620

OAH No. 2018081130

16 Physician's and Surgeon's Certificate No.
A85653

**STIPULATED SETTLEMENT AND
DISCIPLINARY ORDER**

17 Respondent.
18

19 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-
20 entitled proceedings that the following matters are true:

21 **PARTIES**

22 1. Kimberly Kirchmeyer (Complainant) is the Executive Director of the Medical Board
23 of California (Board). She brought this action solely in her official capacity and is represented in
24 this matter by Xavier Becerra, Attorney General of the State of California, by Martin W. Hagan,
25 Deputy Attorney General.

26 2. Respondent Richard Dieter Ruth, M.D. (Respondent) is represented in this
27 proceeding by Thomas M. O'Neil, Esq., of Bonne Bridges Mueller O'Keefe & Nicholls, whose
28 address is 355 South Grand Avenue, Suite 1750, Los Angeles, California 90071.

3. On or about January 9, 2004, the Board issued Physician's and Surgeon's Certificate No. A85653 to Respondent. The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2015-015077, and will expire on December 31, 2019, unless renewed.

JURISDICTION

4. On July 6, 2018, Accusation No. 800-2015-015077 was filed before the Board, and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on July 6, 2018. Respondent timely filed his Notice of Defense contesting the Accusation. A true and correct copy of Accusation No. 800-2015-015077 is attached as Exhibit A and incorporated herein by reference as if fully set forth herein.

ADVISEMENT AND WAIVERS

5. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 800-2015-015077. Respondent has also carefully read, fully discussed with counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.

6. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.

7. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

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1 CULPABILITY

2 8. Respondent agrees that, at an administrative hearing, Complainant could establish a
3 *prima facie* case with respect to the charges and allegations in Accusation No. 800-2015-015077,
4 and that he has thereby subjected his Physician's and Surgeon's Certificate No. A85653 to
5 disciplinary action. Respondent further agrees to be bound by the Board's imposition of
6 discipline as set forth in the Disciplinary Order below.

7 9. Respondent further agrees that if he ever petitions for early termination or
8 modification of probation, or if an accusation and/or petition for revocation of probation is filed
9 against him before the Board, all of the charges and allegations contained in Accusation No. 800-
10 2015-015077 shall be deemed true, correct and fully admitted by Respondent for purposes of that
11 proceeding or any other licensing proceeding involving Respondent in the State of California or
12 elsewhere.

13 10. Respondent agrees that his Physician's and Surgeon's Certificate No. A85653 is
14 subject to discipline and he agrees to be bound by the Board's probationary terms as set forth in
15 the Disciplinary Order below.

16 CONTINGENCY

17 11. This stipulation shall be subject to approval by the Board. Respondent understands
18 and agrees that counsel for Complainant and the staff of the Board may communicate directly
19 with the Board regarding this stipulation and settlement, without notice to or participation by
20 Respondent or his counsel. By signing the stipulation, Respondent understands and agrees that he
21 may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board
22 considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order,
23 the Stipulated Settlement and Disciplinary Order shall be of no force or effect, except for this
24 paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not
25 be disqualified from further action by having considered this matter.

26 12. The parties agree that this Stipulated Settlement and Disciplinary Order shall be
27 null and void and not binding upon the parties unless approved and adopted by the Board, except
28 for this paragraph, which shall remain in full force and effect. Respondent fully understands and

1 agrees that in deciding whether or not to approve and adopt this Stipulated Settlement and
2 Disciplinary Order, the Board may receive oral and written communications from its staff and/or
3 the Attorney General's Office. Communications pursuant to this paragraph shall not disqualify
4 the Board, any member thereof, and/or any other person from future participation in this or any
5 other matter affecting or involving respondent. In the event that the Board does not, in its
6 discretion, approve and adopt this Stipulated Settlement and Disciplinary Order, with the
7 exception of this paragraph, it shall not become effective, shall be of no evidentiary value
8 whatsoever, and shall not be relied upon or introduced in any disciplinary action by either party
9 hereto. Respondent further agrees that should this Stipulated Settlement and Disciplinary Order
10 be rejected for any reason by the Board, respondent will assert no claim that the Board, or any
11 member thereof, was prejudiced by its/his/her review, discussion and/or consideration of this
12 Stipulated Settlement and Disciplinary Order or of any matter or matters related hereto.

13 **ADDITIONAL PROVISIONS**

14 13. This Stipulated Settlement and Disciplinary Order is intended by the parties herein to
15 be an integrated writing representing the complete, final and exclusive embodiment of the
16 agreements of the parties in the above-entitled matter.

17 14. The parties agree that copies of this Stipulated Settlement and Disciplinary Order,
18 including copies of the signatures of the parties, may be used in lieu of original documents and
19 signatures and, further, that such copies shall have the same force and effect as originals.

20 15. In consideration of the foregoing admissions and stipulations, the parties agree the
21 Board may, without further notice to or opportunity to be heard by respondent, issue and enter the
22 following Disciplinary Order:

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2 **DISCIPLINARY ORDER**

3 **IT IS HEREBY ORDERED** that Physician's and Surgeon's Certificate No. A85653
4 issued to Respondent Richard Dieter Ruth, M.D. is revoked. However, the revocation is stayed
5 and Respondent is placed on probation for five (5) years on the following terms and conditions.

6 1. **CONTROLLED SUBSTANCES - TOTAL RESTRICTION.** Respondent shall
7 not order, prescribe, dispense, administer, furnish, or possess any controlled substances as defined
8 in the California Uniform Controlled Substances Act.

9 Respondent shall not issue an oral or written recommendation or approval to a patient or a
10 patient's primary caregiver for the possession or cultivation of marijuana for the personal medical
11 purposes of the patient within the meaning of Health and Safety Code section 11362.5.

12 If Respondent forms the medical opinion, after an appropriate prior examination and a
13 medical indication, that a patient's medical condition may benefit from the use of marijuana,
14 Respondent shall so inform the patient and shall refer the patient to another physician who,
15 following an appropriate prior examination and a medical indication, may independently issue a
16 medically appropriate recommendation or approval for the possession or cultivation of marijuana
17 for the personal medical purposes of the patient within the meaning of Health and Safety Code
18 section 11362.5. In addition, Respondent shall inform the patient or the patient's primary
19 caregiver that Respondent is prohibited from issuing a recommendation or approval for the
20 possession or cultivation of marijuana for the personal medical purposes of the patient and that
21 the patient or the patient's primary caregiver may not rely on Respondent's statements to legally
22 possess or cultivate marijuana for the personal medical purposes of the patient. Respondent shall
23 fully document in the patient's chart that the patient or the patient's primary caregiver was so
24 informed. Nothing in this condition prohibits Respondent from providing the patient or the
25 patient's primary caregiver information about the possible medical benefits resulting from the use
26 of marijuana.

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1 2. **EDUCATION COURSE.** Within 60 calendar days of the effective date of this
2 Decision, and on an annual basis thereafter, Respondent shall submit to the Board or its designee
3 for its prior approval educational program(s) or course(s) which shall not be less than 25 hours
4 per year, for each year of probation. The educational program(s) or course(s) shall be aimed at
5 correcting any areas of deficient practice or knowledge and shall be Category I certified. The
6 educational program(s) or course(s) shall be at Respondent's expense and shall be in addition to
7 the Continuing Medical Education (CME) requirements for renewal of licensure. Following the
8 completion of each course, the Board or its designee may administer an examination to test
9 Respondent's knowledge of the course. Respondent shall provide proof of attendance for 50
10 hours of CME of which 25 hours were in satisfaction of this condition.

11 3. **PRESCRIBING PRACTICES COURSE.** Within 60 calendar days of the effective
12 date of this Decision, Respondent shall enroll in a course in prescribing practices approved in
13 advance by the Board or its designee. Respondent shall provide the approved course provider
14 with any information and documents that the approved course provider may deem pertinent.
15 Respondent shall participate in and successfully complete the classroom component of the course
16 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully
17 complete any other component of the course within one (1) year of enrollment. The prescribing
18 practices course shall be at Respondent's expense and shall be in addition to the Continuing
19 Medical Education (CME) requirements for renewal of licensure.

20 A prescribing practices course taken after the acts that gave rise to the charges in the
21 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board
22 or its designee, be accepted towards the fulfillment of this condition if the course would have
23 been approved by the Board or its designee had the course been taken after the effective date of
24 this Decision. Respondent shall submit a certification of successful completion to the Board or its
25 designee not later than 15 calendar days after successfully completing the course, or not later than
26 15 calendar days after the effective date of the Decision, whichever is later.

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1 4. **MEDICAL RECORD KEEPING COURSE.** Within 60 calendar days of the
2 effective date of this Decision, Respondent shall enroll in a course in medical record keeping
3 approved in advance by the Board or its designee. Respondent shall provide the approved course
4 provider with any information and documents that the approved course provider may deem
5 pertinent. Respondent shall participate in and successfully complete the classroom component of
6 the course not later than six (6) months after Respondent's initial enrollment. Respondent shall
7 successfully complete any other component of the course within one (1) year of enrollment. The
8 medical record keeping course shall be at Respondent's expense and shall be in addition to the
9 Continuing Medical Education (CME) requirements for renewal of licensure.

10 A medical record keeping course taken after the acts that gave rise to the charges in the
11 Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board
12 or its designee, be accepted towards the fulfillment of this condition if the course would have
13 been approved by the Board or its designee had the course been taken after the effective date of
14 this Decision. Respondent shall submit a certification of successful completion to the Board or its
15 designee not later than 15 calendar days after successfully completing the course, or not later than
16 15 calendar days after the effective date of the Decision, whichever is later.

17 5. **MONITORING - PRACTICE.** Within 30 calendar days of the effective date of this
18 Decision, Respondent shall submit to the Board or its designee for prior approval as a practice
19 monitor, the name and qualifications of one or more licensed physicians and surgeons whose
20 licenses are valid and in good standing, and who are preferably American Board of Medical
21 Specialties (ABMS) certified. A monitor shall have no prior or current business or personal
22 relationship with Respondent, or other relationship that could reasonably be expected to
23 compromise the ability of the monitor to render fair and unbiased reports to the Board, including
24 but not limited to any form of bartering, shall be in Respondent's field of practice, and must agree
25 to serve as Respondent's monitor. Respondent shall pay all monitoring costs.

26 The Board or its designee shall provide the approved monitor with copies of the Decision(s)
27 and Accusation(s), and a proposed monitoring plan. Within 15 calendar days of receipt of the
28 Decision(s), Accusation(s), and proposed monitoring plan, the monitor shall submit a signed

1 statement that the monitor has read the Decision(s) and Accusation(s), fully understands the role
2 of a monitor, and agrees or disagrees with the proposed monitoring plan. If the monitor disagrees
3 with the proposed monitoring plan, the monitor shall submit a revised monitoring plan with the
4 signed statement for approval by the Board or its designee.

5 Within 60 calendar days of the effective date of this Decision, and continuing throughout
6 probation, Respondent's shall be monitored by the approved monitor. Respondent shall make all
7 records available for immediate inspection and copying on the premises by the monitor at all
8 times during business hours and shall retain the records for the entire term of probation.

9 If Respondent fails to obtain approval of a monitor within 60 calendar days of the effective
10 date of this Decision, Respondent shall receive a notification from the Board or its designee to
11 cease the practice of medicine within three (3) calendar days after being so notified. Respondent
12 shall cease the practice of medicine until a monitor is approved to provide monitoring
13 responsibility.

14 The monitor shall submit a quarterly written report to the Board or its designee which
15 includes an evaluation of Respondent's performance, indicating whether Respondent's practices
16 are within the standards of practice of medicine and whether Respondent is practicing medicine
17 safely, billing appropriately or both. It shall be the sole responsibility of Respondent to ensure
18 that the monitor submits the quarterly written reports to the Board or its designee within 10
19 calendar days after the end of the preceding quarter.

20 If the monitor resigns or is no longer available, Respondent shall, within 5 calendar days of
21 such resignation or unavailability, submit to the Board or its designee, for prior approval, the
22 name and qualifications of a replacement monitor who will be assuming that responsibility within
23 15 calendar days. If Respondent fails to obtain approval of a replacement monitor within 60
24 calendar days of the resignation or unavailability of the monitor, Respondent shall receive a
25 notification from the Board or its designee to cease the practice of medicine within three (3)
26 calendar days after being so notified. Respondent shall cease the practice of medicine until a
27 replacement monitor is approved and assumes monitoring responsibility.

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1 In lieu of a monitor, Respondent may participate in a professional enhancement program
2 approved in advance by the Board or its designee that includes, at minimum, quarterly chart
3 review, semi-annual practice assessment, and semi-annual review of professional growth and
4 education. Respondent shall participate in the professional enhancement program at Respondent's
5 expense during the term of probation.

6 6. **SOLO PRACTICE PROHIBITION.** Respondent is prohibited from engaging in
7 the solo practice of medicine. Prohibited solo practice includes, but is not limited to, a practice
8 where: 1) Respondent merely shares office space with another physician but is not affiliated for
9 purposes of providing patient care, or 2) Respondent is the sole physician practitioner at that
10 location.

11 If Respondent fails to establish a practice with another physician or secure employment in
12 an appropriate practice setting within 60 calendar days of the effective date of this Decision,
13 Respondent shall receive a notification from the Board or its designee to cease the practice of
14 medicine within three (3) calendar days after being so notified. The Respondent shall not resume
15 practice until an appropriate practice setting is established.

16 If, during the course of the probation, the Respondent's practice setting changes and the
17 Respondent is no longer practicing in a setting in compliance with this Decision, the Respondent
18 shall notify the Board or its designee within five (5) calendar days of the practice setting change.
19 If Respondent fails to establish a practice with another physician or secure employment in an
20 appropriate practice setting within 60 calendar days of the practice setting change, Respondent
21 shall receive a notification from the Board or its designee to cease the practice of medicine within
22 three (3) calendar days after being so notified. The Respondent shall not resume practice until an
23 appropriate practice setting is established.

24 7. **PROHIBITED PRACTICE.** During probation, Respondent is prohibited from
25 practicing, performing, or treating any patients in the area of pain management, which shall be
26 defined as utilizing pharmacological approaches to prevent, reduce, or eliminate pain of a
27 recurrent or chronic nature. After the effective date of this Decision, all patients being treated by
28 the Respondent shall be notified that the Respondent is prohibited from practicing, performing, or

1 treating any patients in the area of pain management, which shall be defined as utilizing
2 pharmacological approaches to prevent, reduce, or eliminate pain of a recurrent or chronic nature.
3 Any new patients must be provided this notification at the time of their initial appointment.

4 Respondent shall maintain a log of all patients to whom the required oral notification was
5 made. The log shall contain the: 1) patient's name, address and phone number; 2) patient's
6 medical record number, if available; 3) the full name of the person making the notification; 4) the
7 date the notification was made; and 5) a description of the notification given. Respondent shall
8 keep this log in a separate file or ledger, in chronological order, shall make the log available for
9 immediate inspection and copying on the premises at all times during business hours by the Board
10 or its designee, and shall retain the log for the entire term of probation.

11 8. **NOTIFICATION.** Within seven (7) days of the effective date of this Decision, the
12 Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the
13 Chief Executive Officer at every hospital where privileges or membership are extended to
14 Respondent, at any other facility where Respondent engages in the practice of medicine,
15 including all physician and locum tenens registries or other similar agencies, and to the Chief
16 Executive Officer at every insurance carrier which extends malpractice insurance coverage to
17 Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15
18 calendar days. This condition shall apply to any change(s) in hospitals, other facilities or
19 insurance carrier.

20 9. **SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED**
21 **PRACTICE NURSES.** During probation, Respondent is prohibited from supervising physician
22 assistants and advanced practice nurses.

23 10. **OBEY ALL LAWS.** Respondent shall obey all federal, state and local laws, all rules
24 governing the practice of medicine in California and remain in full compliance with any court
25 ordered criminal probation, payments, and other orders.

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1 11. **QUARTERLY DECLARATIONS.** Respondent shall submit quarterly declarations
2 under penalty of perjury on forms provided by the Board, stating whether there has been
3 compliance with all the conditions of probation. Respondent shall submit quarterly declarations
4 not later than 10 calendar days after the end of the preceding quarter.

5 12. **GENERAL PROBATION REQUIREMENTS.**

6 **Compliance with Probation Unit:** Respondent shall comply with the Board's probation
7 unit.

8 **Address Changes:** Respondent shall, at all times, keep the Board informed of
9 Respondent's business and residence addresses, email address (if available), and telephone
10 number. Changes of such addresses shall be immediately communicated in writing to the Board
11 or its designee. Under no circumstances shall a post office box serve as an address of record,
12 except as allowed by Business and Professions Code section 2021(b).

13 **Place of Practice:** Respondent shall not engage in the practice of medicine in Respondent's
14 or patient's place of residence, unless the patient resides in a skilled nursing facility or other
15 similar licensed facility.

16 **License Renewal:** Respondent shall maintain a current and renewed California physician's
17 and surgeon's license.

18 **Travel or Residence Outside California:** Respondent shall immediately inform the Board
19 or its designee, in writing, of travel to any areas outside the jurisdiction of California which lasts,
20 or is contemplated to last, more than thirty (30) calendar days. In the event Respondent should
21 leave the State of California to reside or to practice, Respondent shall notify the Board or its
22 designee in writing 30 calendar days prior to the dates of departure and return.

23 13. **INTERVIEW WITH THE BOARD OR ITS DESIGNEE.** Respondent shall be
24 available in person upon request for interviews either at Respondent's place of business or at the
25 probation unit office, with or without prior notice throughout the term of probation.

26 14. **NON-PRACTICE WHILE ON PROBATION.** Respondent shall notify the Board
27 or its designee in writing within 15 calendar days of any periods of non-practice lasting more than
28 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is

1 defined as any period of time Respondent is not practicing medicine as defined in Business and
2 Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct
3 patient care, clinical activity or teaching, or other activity as approved by the Board. If
4 Respondent resides in California and is considered to be in non-practice, Respondent shall
5 comply with all terms and conditions of probation. All time spent in an intensive training
6 program which has been approved by the Board or its designee shall not be considered non-
7 practice and does not relieve Respondent from complying with all the terms and conditions of
8 probation. Practicing medicine in another state of the United States or Federal jurisdiction while
9 on probation with the medical licensing authority of that state or jurisdiction shall not be
10 considered non-practice. A Board-ordered suspension of practice shall not be considered as a
11 period of non-practice.

12 In the event Respondent's period of non-practice while on probation exceeds 18 calendar
13 months, Respondent shall successfully complete the Federation of State Medical Boards's Special
14 Purpose Examination, or, at the Board's discretion, a clinical competence assessment program
15 that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model
16 Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.
17 Respondent's period of non-practice while on probation shall not exceed two (2) years. Periods
18 of non-practice will not apply to the reduction of the probationary term.

19 Periods of non-practice for a Respondent residing outside of California will relieve
20 Respondent of the responsibility to comply with the probationary terms and conditions with the
21 exception of this condition and the following terms and conditions of probation: Obey All Laws;
22 General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or
23 Controlled Substances; and Biological Fluid Testing.

24 15. **COMPLETION OF PROBATION.** Respondent shall comply with all financial
25 obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the
26 completion of probation. Upon successful completion of probation, Respondent's certificate shall
27 be fully restored.

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1 16. **VIOLATION OF PROBATION.** Failure to fully comply with any term or
2 condition of probation is a violation of probation. If Respondent violates probation in any
3 respect, the Board, after giving Respondent notice and the opportunity to be heard, may revoke
4 probation and carry out the disciplinary order that was stayed. If an Accusation, or Petition to
5 Revoke Probation, or an Interim Suspension Order is filed against Respondent during probation,
6 the Board shall have continuing jurisdiction until the matter is final, and the period of probation
7 shall be extended until the matter is final.

8 17. **LICENSE SURRENDER.** Following the effective date of this Decision, if
9 Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy
10 the terms and conditions of probation, Respondent may request to surrender his or her license.
11 The Board reserves the right to evaluate Respondent's request and to exercise its discretion in
12 determining whether or not to grant the request, or to take any other action deemed appropriate
13 and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent
14 shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its
15 designee and Respondent shall no longer practice medicine. Respondent will no longer be subject
16 to the terms and conditions of probation. If Respondent re-applies for a medical license, the
17 application shall be treated as a petition for reinstatement of a revoked certificate.

18 18. **PROBATION MONITORING COSTS.** Respondent shall pay the costs associated
19 with probation monitoring each and every year of probation, as designated by the Board, which
20 may be adjusted on an annual basis. Such costs shall be payable to the Medical Board of
21 California and delivered to the Board or its designee no later than January 31 of each calendar
22 year.

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1 ACCEPTANCE

2 I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully
3 discussed it with my attorney, Thomas M. O'Neil, Esq. I understand the stipulation and the effect
4 it will have on my Physician's and Surgeon's Certificate No. A85653. I enter into this Stipulated
5 Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be
6 bound by the Decision and Order of the Medical Board of California.

7
8 DATED: 11/9/18

R. Ruth
9 RICHARD DIETER RUTH, M.D.
Respondent

10 I have read and fully discussed with Respondent Richard Dieter Ruth, M.D., the terms and
11 conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order.
12 I approve its form and content.

13 DATED: 11.9.2018

Thomas M. O'Neil
14 THOMAS M. O'NEIL, ESQ.
Attorney for Respondent

15
16 ENDORSEMENT

17 The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully
18 submitted for consideration by the Medical Board of California.

19 Dated: 11/9/2018

Respectfully submitted,

20 XAVIER BECERRA
21 Attorney General of California
22 MATTHEW M. DAVIS
Supervising Deputy Attorney General

Mart. W. Hagan
23
24 MARTIN W. HAGAN
25 Deputy Attorney General
Attorneys for Complainant

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Exhibit A

Accusation No. 800-2015-015077

1 XAVIER BECERRA
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Supervising Deputy Attorney General
3 MARTIN W. HAGAN
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7 Facsimile: (619) 645-2061

8 *Attorneys for Complainant.*

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10 BEFORE THE
11 MEDICAL BOARD OF CALIFORNIA
12 DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA

13 In the Matter of the Accusation Against:

Case No. 800-2015-015077

14 ACCUSATION

15 RICHARD DIETER RUTH, M.D.
8291 San Pablo Drive
16 Buena Park, California 90620

17 Physician's and Surgeon's Certificate
No. A 85653,

18 Respondent.

19
20 Complainant alleges:

21 PARTIES

22 1. Kimberly Kirchmeyer (complainant) brings this Accusation solely in her official
23 capacity as the Executive Director of the Medical Board of California, Department of Consumer
24 Affairs (Board).

25 2. On or about January 9, 2004, the Board issued Physician's and Surgeon's Certificate
26 No. A 85653 to Richard Dieter Ruth, M.D. (respondent). The Physician's and Surgeon's
27 Certificate was in full force and effect at all times relevant to the charges and allegations brought
28 herein and will expire on December 31, 2019, unless renewed.

JURISDICTION

3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.

4. Section 2227 of the Code states:

"(a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:

"(1) Have his or her license revoked upon order of the board.

"(2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.

"(3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.

"(4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.

"(5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.

"(b) Any matter heard pursuant to subdivision (a), except for warning letters, medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made available to the public by the board pursuant to Section 803.1,"

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1 5. Section 2234 of the Code, states:

2 "The board shall take action against any licensee who is charged with unprofessional
3 conduct. In addition to other provisions of this article, unprofessional conduct includes, but
4 is not limited to, the following:

5 "...

6 "(b) Gross negligence.

7 "(c) Repeated negligent acts. To be repeated, there must be two or more negligent
8 acts or omissions. An initial negligent act or omission followed by a separate and distinct
9 departure from the applicable standard of care shall constitute repeated negligent acts.

10 "(1) An initial negligent diagnosis followed by an act or omission medically
11 appropriate for that negligent diagnosis of the patient shall constitute a single negligent act.

12 "(2) When the standard of care requires a change in the diagnosis, act, or
13 omission that constitutes the negligent act described in paragraph (1), including, but
14 not limited to, a reevaluation of the diagnosis or a change in treatment, and the
15 licensee's conduct departs from the applicable standard of care, each departure
16 constitutes a separate and distinct breach of the standard of care.

17 "(d) Incompetence.

18 "..."

19 6. Section 2266 of the Code states:

20 "The failure of a physician and surgeon to maintain adequate and accurate
21 records relating to the provision of services to their patients constitutes
22 unprofessional conduct."

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1 FIRST CAUSE FOR DISCIPLINE

2 (Gross Negligence)

3 7. Respondent is subject to disciplinary action under sections 2227 and 2234, as defined
4 by section 2234, subdivision (b), of the Code, in that he committed gross negligence in his care
5 and treatment of patients A, B, C, and D, as more particularly alleged hereinafter:

6 8. On or about February 2008, respondent, who completed a residency in internal
7 medicine, opened his solo practice. According to respondent, approximately ninety percent
8 (90%) of his patients were seen for pain management. Respondent did not have any advanced
9 training in pain management, and according to respondent, his pain management training was
10 limited to a four month stint he did as part of his residency, in which he treated addicts and was
11 exposed to "treatment and rehab." According to respondent, officials from the Drug Enforcement
12 Administration (DEA) made a visit to his house on May 17, 2017, and advised him that he was
13 under investigation. Respondent claims he was told that he could resolve the investigation
14 against him by surrendering his DEA certificate, which he decided to do. Respondent then closed
15 his solo practice.

16 PATIENT A

17 9. According to respondent's certified medical records, respondent first started treating
18 patient A,¹ a then-50-year old male, on or about September 4, 2012. Patient A's documented
19 history of present illness (HPI) included prior lumbar compression fracture, pain since 1998,
20 intermittently taking hydrocodone-acetaminophen (APAP) (Vicodin) for pain, and not interested
21 in surgical intervention. Physical examination included normal vital signs and pain at L4-S1 with
22 flexion and extension with a normal neurological exam. The documented assessment and plan
23 was "pain management" start hydrocodone-acetaminophen (APAP) (Norco)² (#120) q 4 (every 4

24 ¹ Patient A is being used in place of the patient's name or initials to maintain patient
25 confidentiality. The other patients in this Accusation are referred to patients B, C, and D, to also
maintain their confidentiality.

26 ² Hydrocodone APAP (Vicodin®, Lortab® and Norco®) is a hydrocodone combination of
27 hydrocodone bitartrate and acetaminophen which was formerly a Schedule III controlled
28 substance pursuant to Health and Safety Code section 11056, subdivision (e), and a dangerous
drug pursuant to Business and Professions Code section 4022. On August 22, 2014, the DEA
(continued...)

1 hours) as needed for pain with tramadol (Ultram)³ (#90) 2 tablets b.i.d. (twice a day) for
2 breakthrough pain with a notation of discussing risks and benefits with patient and return to clinic
3 as needed. The medical records contain a "Medication Use Agreement" that was signed and
4 dated by respondent on September 4, 2012, but not signed by patient A. At the completion of the
5 visit, patient A was provided with prescriptions for Norco and tramadol (Ultram) as set forth in
6 the assessment and plan.

7 10. During the period of on or about September 5, 2012, to December 31, 2012,
8 respondent had three office visits with patient A. According to respondent's progress notes, the
9 visits took place on September 27, October 16, and December 13, 2012. Respondent's progress
10 notes set forth a narrative that remained the same for every visit and for each of the other patients
11 discussed herein. Specifically, the repeating narrative stated:

12 "Patient returned to clinic for regular Pain Management visit. Pain controlled on
13 current prescriptions. Denies any side effects. Reports no new complaints. Continue
on same treatment."

14 The repeating narrative was then, for the most part, followed by a perfunctory "A/P"
15 [assessment and plan] which merely stated "Pain Management" followed by the controlled
16 substances that were being prescribed followed by "Patient will return [time indicated] for
17 continue (sic) of treatment." Those progress notes that were handwritten were generally in the
18 same format but used abbreviations for some of the repeating verbiage. Respondent's progress

19 (...continued)

20 published a final rule rescheduling hydrocodone combination products (HCP's) to Schedule II of
21 the Controlled Substances Act, which became effective October 6, 2014. Schedule II controlled
22 substances are substances that have a currently accepted medical use in the United States, but also
23 have a high potential for abuse, and the abuse of which may lead to severe psychological or
24 physical dependence. When properly prescribed and indicated, HCP's are used for the treatment
25 of moderate to severe pain. In addition to the potential for psychological and physical
dependence there is also the risk of acute liver failure which has resulted in a black box warning
being issued by the Federal Drug Administration (FDA). The FDA black box warning provides
that "[a]cetaminophen has been associated with cases of acute liver failure, at times resulting in
liver transplant and death. Most of the cases of liver injury are associated with use of the
acetaminophen at doses that exceed 4000 milligrams per day, and often involve more than one
acetaminophen containing product."

26 ³ Tramadol (Ultram®), an opioid analgesic, is a Schedule IV controlled substance
27 pursuant to Health and Safety Code section 11057, subdivision (d), and a dangerous drug
28 pursuant to Business and Professions Code section 4022. When properly prescribed and
indicated, it is used for the treatment of moderate to severe pain.

1 notes were cursory, lacked adequate detail, failed to set forth any specific goals of treatment
2 including other possible treatment options besides controlled substances, efficacy and/or
3 functional improvement; failed to document, among other things, vital signs, focused physical
4 examinations, informed consent, proper consultation, when warranted, and/or risk screening
5 measures; and failed to provide a clear rationale for any medical decisions, including, but not
6 limited to, any treatment plan and justification for the prolonged use of the controlled substances
7 that were being prescribed. During 2012, respondent issued four prescriptions, some of which
8 were post-dated,⁴ for hydrocodone/APAP (Norco) 10/325 mg (#120) every four hours as needed;
9 and two prescriptions of tramadol (Ultram) 50 mg (#90) 2 tablets b.i.d. (twice a day).

10 11. During the period of on or about January 1, 2013, to December 31, 2013, respondent
11 had eight office visits with patient A. According to respondent's progress notes, the visits took
12 place on February 25, May 28, July 16, August 8, September 3, October 29, November 25, and
13 December 19, 2013. Respondent's progress notes during this time were cursory, lacked adequate
14 detail, failed to set forth any specific goals of treatment including other possible treatment options
15 besides controlled substances, efficacy and/or functional improvement; failed to document,
16 among other things, vital signs, focused physical examinations, informed consent, proper
17 consultation, when warranted, and/or risk screening measures; and failed to provide a clear
18 rationale for any medical decisions, including, but not limited to, any treatment plan and
19 justification for the prolonged use of the controlled substances that were being prescribed.
20 During 2013, respondent issued approximately eighteen (18) prescriptions for
21 hydrocodone/APAP (Norco) 10/325 mg (#120) (every four hours) and twenty-eight (28)
22 prescriptions (which includes refills) for tramadol (Ultram) 50 mg (#90) 1 to 2 tablets b.i.d. (twice
23 a day). During 2013, patient A also filled six (6) prescriptions for hydrocodone/APAP (Norco)
24 10/325 mg (approximate total of 750 tablets) that were prescribed by another physician, Dr. Q.A.,
25 that respondent was unaware of because he was not utilizing risk screening measures, including

26 ⁴ At his subject interview before a Department of Consumer Affairs, Division of
27 Investigation, Health Quality Investigation Unit (HQIU) Investigator, respondent indicated that
28 he would provide post-dated prescriptions to some of his patients that he "trusted" and that he
knew "were coming from a far distance, and it would be a burden for them to come see me."

1 but not limited to, periodically reviewing California's Controlled Substances Utilization and
2 Evaluation System (CURES).⁵

3 12. During the period of on or about January 1, 2014, to December 31, 2014, respondent
4 had ten office visits with patient A. According to respondent's progress notes, the visits took
5 place on March 13, March 31, April 29, June 10, July 16, August 11, September 15, October 13,
6 November 12, and December 22, 2014. On December 22, 2014, respondent issued a prescription
7 (with one refill) for Ambien 10 mg (#30) with no adequate explanation of why it was being
8 prescribed and with no consideration of the risks associated with the concomitant use of Ambien
9 and the opioids that were being prescribed. Respondent's progress notes during this time were
10 cursory, lacked adequate detail, failed to set forth any specific goals of treatment including other
11 possible treatment options besides controlled substances, efficacy and/or functional improvement;
12 failed to document, among other things, vital signs, focused physical examinations, informed
13 consent, proper consultation, when warranted, and/or risk screening measures; and failed to
14 provide a clear rationale for any medical decisions, including, but not limited to, any treatment
15 plan and justification for the prolonged use of the controlled substances that were being
16 prescribed. During 2014, respondent issued approximately twenty-seven (27) prescriptions for
17 hydrocodone/APAP (Norco) 10/325 mg (#120) (every four hours); at least thirty-nine (39)
18 prescriptions (which includes refills) for tramadol (Ultram) 50 mg (#90) t.i.d. (three a day); and
19 approximately thirteen (13) prescriptions for oxycodone/APAP (Percocet)⁶ (every six hours).
20 [Initially seven prescriptions of #20 beginning on June 10 and then six prescriptions of #30

21 ⁵ Filling prescriptions from another person was a violation of the "Medication Use
22 Agreement" which provided, in part, that "I understand that the medication will be prescribed
23 only by Dr. Ruth and only according to the agreed upon schedule...I will not seek or obtain any
24 medications for pain other than those prescribed by my doctor...I accept the right of my doctor's
25 medical staff to terminate this agreement for any of the following reasons: [1] I seek or obtain any
26 pain medications from a source other than my doctor..." As mentioned, patient A did not sign
27 the agreement contained within respondent's certified medical records.

28 ⁶ 19. Percocet® (oxycodone and acetaminophen), an opioid analgesic, is a Schedule II
controlled substance pursuant to Health and Safety Code section 11055, subdivision (b), and a
dangerous drug pursuant to Business and Professions Code section 4022. When properly
prescribed and indicated, it is used for the management of moderate to moderately severe pain.
The DEA has identified oxycodone, as a drug of abuse. (Drugs of Abuse, A DEA Resource
Guide (2011 Edition), at p. 41.) The Federal Drug Administration has issued a black box warning
(continued,...)

beginning on October 13, 2014⁷ and one prescription of zolpidem tartrate (Ambien)⁸ 10 mg (#30) q.h.s. (before sleep). During 2014, patient A was also filling prescriptions for other controlled substances, hydrocodone/APAP (Norco) 10/325 mg (approximate total of 1,770 tablets), tramadol (Ultram) 50 mg (approximate total of 540 tablets) and carisoprodol (Soma)⁹ 350 mg (approximate total of 90 tablets) prescribed by another physician, and being filled at different pharmacies, which respondent was unaware of because he was not utilizing risk screening measures, including but not limited to, periodically reviewing CURES.

13. During the period of on or about January 1, 2015, to December 31, 2015, respondent had nine office visits with patient A. According to respondent's progress notes, the visits took place on February 2, March 4, March 26, May 7, August 13, September 1, October 8, November 9, and December 17, 2015. Respondent's progress notes during this time were cursory, lacked adequate detail, failed to set forth any specific goals of treatment including other possible treatment options besides controlled substances, efficacy and/or functional improvement; failed to document, among other things, vital signs, focused physical examinations, informed consent,

(...continued)

for Percocet® which warns about, among other things, addiction, abuse and misuse, and the possibility of "life-threatening respiratory distress."

⁷ Respondent's progress notes of November 12 and December 22, 2014, incorrectly indicate "Percocet 10/325 #20" when the actual prescriptions indicate respondent wrote prescriptions for Percocet 10/325 mg (#30).

⁸ Zolpidem tartrate (Ambien®), a centrally acting hypnotic-sedative, is a Schedule IV controlled substance pursuant to Health and Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated, it is used for the short-term treatment of insomnia characterized by difficulties with sleep initiation.

⁹ Soma® (carisoprodol) is a Schedule IV controlled substance pursuant to Health and Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated, it is used for the treatment of acute and painful musculoskeletal conditions. According to the DEA, Office of Diversion Control, "[c]arisoprodol abuse has escalated in the last decade in the United States... According to Diversion Drug Trends, published by the DEA on the trends in diversion of controlled and noncontrolled pharmaceuticals, carisoprodol continues to be one of the most commonly diverted drugs. Diversion and abuse of carisoprodol is prevalent throughout the country. As of March 2011, street prices for [carisoprodol] Soma® ranged from \$1 to \$5 per tablet. Diversion methods include doctor shopping for the purposes of obtaining multiple prescriptions and forging prescriptions."

1 proper consultation, when warranted, and/or risk screening measures; and failed to provide a clear
2 rationale for any medical decisions, including, but not limited to, any treatment plan and
3 justification for the prolonged use of the controlled substances that were being prescribed.
4 During 2015, respondent issued approximately eighteen (18) prescriptions for
5 hydrocodone/APAP (Norco) 10/325 mg (#120) (every four hours); twenty-two (22) prescriptions
6 (which includes refills) for tramadol (Ultram) 50 mg (#90) t.i.d. (three a day); seven (7)
7 prescriptions for oxycodone/APAP (Percocet) (#30) (every six hours) [respondent's progress
8 notes incorrectly indicate #20]; ten (10) prescriptions for oxycodone/APAP (Percocet) (#60)
9 (every six hours) [with no indication in the progress notes why the amount was increased from
10 #30 to #60 beginning on May 7, 2015]; and fourteen (10) prescription of zolpidem tartrate
11 (Ambien) 10 mg (#30) q.h.s. (before sleep). During 2015, patient A was also filling prescriptions
12 for other controlled substances, hydrocodone/APAP (Norco) 10/325 mg (approximate total of 180
13 tablets) and tramadol (Ultram) 50 mg (approximate total of 630 tablets) prescribed by another
14 physician, and being filled at different pharmacies, which respondent was unaware of because he
15 was not utilizing risk screening measures, including, but not limited to, periodically reviewing
16 CURES.

17 14. During the period of on or about January 1, 2016, to December 31, 2016, respondent
18 had fourteen office visits with patient A. According to respondent's progress notes, the visits
19 took place on January 4, January 22, February 14, March 28, April 11, May 4, June 14, July 5,
20 July 25, August 30, October 5, November 2, November 23, and December 19, 2016.
21 Respondent's progress notes during this time were cursory, lacked adequate detail, failed to set
22 forth any specific goals of treatment including other possible treatment options besides controlled
23 substances, efficacy and/or functional improvement; failed to document, among other things, vital
24 signs, focused physical examinations, informed consent, proper consultation, when warranted,
25 and/or risk screening measures; and failed to provide a clear rationale for any medical decisions,
26 including, but not limited to, any treatment plan and justification for the prolonged use of the
27 controlled substances that were being prescribed. During 2016, respondent issued approximately
28 nine (9) prescriptions for hydrocodone/APAP (Norco) 10/325 mg (#120) (every four hours); six

1 (6) prescriptions for hydrocodone/APAP (Norco) 10/325 mg (#100) (every four hours) [beginning
2 on July 25, 2016]; fifteen (15) prescriptions for oxycodone/APAP (Percocet) (#60) (every six
3 hours); sixteen (16) prescriptions (which includes refills) for tramadol (Ultram) 50 mg (#90) t.i.d.
4 (three a day); and twenty-one (21) prescriptions (which includes refills) of zolpidem tartrate
5 (Ambien) 10 mg (#30) q.h.s. (before sleep).

6 15. During the period of on or about January 1, 2017, to May 17, 2017, respondent had
7 five office visits with patient A. According to respondent's progress notes, the visits took place
8 on January 12, February 6, March 6, April 5, and May 1, 2017. Respondent's progress notes
9 during this time were cursory, lacked adequate detail, failed to set forth any specific goals of
10 treatment including other possible treatment options besides controlled substances, efficacy
11 and/or functional improvement; failed to document, among other things, vital signs, focused
12 physical examinations, informed consent, proper consultation, when warranted, and/or risk
13 screening measures; and failed to provide a clear rationale for any medical decisions, including,
14 but not limited to, any treatment plan and justification for the prolonged use of the controlled
15 substances that were being prescribed. During this period of time in 2017, respondent issued
16 approximately five (5) prescriptions for hydrocodone/APAP (Norco) 10/325 mg (#100) (every
17 four hours); five (5) prescriptions for oxycodone/APAP (Percocet) (#60) (every six hours); five
18 (5) prescriptions for tramadol (Ultram) 50 mg (#90) t.i.d. (three a day); and five (5) prescriptions
19 (which includes refills) of zolpidem tartrate (Ambien) 10 mg (#30) q.h.s. (before sleep).

20 16. Respondent committed gross negligence in his care and treatment of patient A which
21 included, but was not limited to, the following:

- 22 (a) Respondent repeatedly prescribed controlled substances to patient A
23 without, among other things, obtaining vital signs, considering less risky
24 therapies, conducting appropriate and focused physical examinations,
25 assessing underlying or coexisting conditions, following a treatment plan
26 with measurable stated objectives in regard to pain level and function,
27 conducting meaningful periodic review, seeking consultation, when
28 necessary, and utilizing risk screening measures to identify aberrant

1 behavior and possible diversion of the controlled substances that were
2 being prescribed; and

- 3 (b) Respondent failed to maintain complete and adequate medical records
4 concerning his care and treatment of patient A. Respondent's progress
5 notes, among other things, were cursory, lacked adequate detail, failed to
6 set forth any specific goals of treatment including other possible treatment
7 options besides controlled substances, efficacy and/or functional
8 improvement; failed to document, among other things, vital signs, focused
9 physical examinations, informed consent, proper consultation, when
10 warranted, and/or risk screening measures; and failed to provide a clear
11 rationale for any medical decisions; including, but not limited to, any
12 treatment plan and justification for the prolonged use of the controlled
13 substances that were being prescribed.

14 PATIENT B

15 17. According to respondent's certified medical records, respondent first started treating
16 patient B, a then-52-year old female, on or about December 9, 2015. patient B was Patient A's
17 wife. Patient B's self-reported chief complaint was lower back pain that she began experiencing
18 in July 2013, which she attributed to climbing a ladder and retrieving merchandise at the retail
19 store where she worked. Patient B's documented past medical history was positive for diabetes,
20 emotional difficulty, irregular heart beat, and alleged lower back pain. Contained within patient
21 B's medical records was a "Panel Qualified Medical Evaluation" (QME) from mid-2015, in
22 regard to a workers' compensation claim, which gave a diagnostic impression of "lumbosacral
23 spine musculoligamentous strain/sprain" with a recommendation that patient B "should be
24 provided future office visits, oral medication, bracing, and up to 24 therapy sessions for
25 conservative treatment of her lumbar spine." According to the QME, patient B did "not present
26 with findings consistent with radiculopathy and there was no evidence of neural compression or
27 displacement on the MRI study." Respondent documented a HPI of (1) bilateral hip pain; (2)
28 lower back pain; (3) diabetes; and (4) weight control issues. Respondent did not do any follow up

1 In regard to Patient B's reported "emotional difficulty" and claimed "she was dealing with it with
2 her PMD [primary medical doctor]," although that was not documented by respondent.
3 Respondent conducted a physical examination and noted, among other things, full range of
4 motion in the neck area with minor pain; positive flexion pain for the right hip and some back
5 pain at L4-L5. No vital signs were recorded. Patient B's height and weight were reported as 5'
6 3" and 130 pounds. Respondent's assessment and plan was "pain management" with
7 hydrocodone/APAP (Norco) (#120) every four hours (20-day supply) and tramadol (Ultram) 50
8 mg (#90) p.r.n.; phentermine¹⁰ 37.5 mg (#30) for weight loss; and follow up with primary care
9 physician in regard to her diabetes.

10 18. During the period of on or about January 1, 2016, to December 31, 2016, respondent
11 had eight (8) office visits with patient B. According to respondent's progress notes, the visits
12 took place on January 12, February 3, March 28, April 11, May 3, May 24, June 22, and August
13 30, 2016. Respondent's progress notes during this time were cursory, lacked adequate detail,
14 failed to set forth any specific goals of treatment including other possible treatment options
15 besides controlled substances, efficacy and/or functional improvement; failed to document,
16 among other things, vital signs, focused physical examinations, informed consent, proper
17 consultation, when warranted, and/or risk screening measures; and failed to provide a clear
18 rationale for any medical decisions, including, but not limited to, any treatment plan and
19 justification for the prolonged use of the controlled substances that were being prescribed.
20 During 2016, respondent issued approximately seven (7) prescriptions of hydrocodone/APAP
21 (Norco) (#120) (every four hours); eight (8) prescriptions (which includes refills) for tramadol
22 (Ultram) 50 mg (#90) t.i.d. (three a day); and fifteen prescriptions (which includes refills) for
23 phentermine 37.5 mg (#30) (one per day). During 2016, patient B also filled two (2) prescriptions
24

25 ¹⁰ Phentermine HCL (Lonamin®, Fastin®, Adipex®), an anorectic, is a Schedule IV
26 controlled substance pursuant to Health and Safety Code section 11057, subdivision (f), and a
27 dangerous drug pursuant to Business and Professions Code section 4022. When properly
28 prescribed and indicated phentermine HCL is used as a short term adjunct in a regimen of weight
reduction based on exercise, behavioral modification, and caloric restriction. According to the
DEA fact sheet for anorectic drugs, phentermine can produce amphetamine-like effects and is
frequently encountered on the illicit market.

1 for tramadol (Ultram) 50 mg (#90) that were prescribed by another physician, Dr. Q.A.¹¹, that
2 respondent was unaware of because he was not utilizing risk screening measures, including but
3 not limited to, periodically reviewing CURES.

4 19. During the period of on or about January 1, 2017, to March 13, 2017, respondent had
5 three (3) office visits with patient B. According to respondent's progress notes, the visits took
6 place on January 16, February 14, and March 13, 2017. Respondent's progress notes during this
7 time were cursory, lacked adequate detail, failed to set forth any specific goals of treatment
8 including other possible treatment options besides controlled substances, efficacy and/or
9 functional improvement; failed to document, among other things, vital signs, focused physical
10 examinations, informed consent, proper consultation, when warranted, and/or risk screening
11 measures; and failed to provide a clear rationale for any medical decisions, including, but not
12 limited to, any treatment plan and justification for the prolonged use of the controlled substances
13 that were being prescribed. During this period of time, respondent issued approximately three (3)
14 prescriptions of hydrocodone/APAP (Norco) (#120) (every four hours); six (6) prescriptions
15 (which includes refills) for tramadol (Ultram) 50 mg (#90) t.i.d. (three a day); and six (6)
16 prescriptions (which includes refills) for phentermine 37.5 mg (#30) (one per day).

17 20. Respondent committed gross negligence in his care and treatment of patient B which
18 included, but was not limited to, the following:

- 19 (a) Respondent repeatedly prescribed controlled substances to patient B
20 without, among other things, obtaining vital signs, considering less risky
21 therapies; conducting appropriate and focused physical examinations,
22 assessing underlying or coexisting conditions, following a treatment plan
23 with measurable stated objectives in regard to pain level and function,
24 conducting meaningful periodic review, seeking consultation, when
25 necessary, and utilizing risk screening measures to identify aberrant
26

27 ¹¹ Patient A, who was patient B's husband, was also obtaining prescriptions for various
28 controlled substances from Dr. Q.A., while he was receiving prescriptions from respondent.

1 behavior and possible diversion of the controlled substances that were
2 being prescribed; and

- 3 (b) Respondent failed to maintain complete and adequate medical records
4 concerning his care and treatment of patient B. Respondent's progress
5 notes, among other things, were cursory, lacked adequate detail, failed to
6 set forth any specific goals of treatment including other possible treatment
7 options besides controlled substances, efficacy and/or functional
8 improvement; failed to document, among other things, vital signs, focused
9 physical examinations, informed consent, proper consultation, when
10 warranted, and/or risk screening measures; and failed to provide a clear
11 rationale for any medical decisions, including, but not limited to, any
12 treatment plan and justification for the prolonged use of the controlled
13 substances that were being prescribed.

14 PATIENT C

15 21. According to respondent's certified medical records, respondent first started treating
16 patient C, a then-38-year old female, on or about June 16, 2011.¹² Patient C's self-reported chief
17 complaint was "pain on entire side of left body" which she attributed to a neck injury in 2009 that
18 allegedly occurred while she "was coaching a cross country team and hit a tree." Patient C
19 claimed that she had surgery approximately eighteen months prior, with no details as to what kind
20 of surgery. Patient C filled out a review of systems form in which she reported, among other
21 things, neck pain, neck stiffness, stiff joints, "muscles hurt," and frequent headaches. According
22 to respondent's chart notes for this visit, patient C was on pain meds and wanted a new physician
23 to manage her alleged pain. Respondent performed a physical examination which he claims
24 indicated, among other things, neck and cervical spine pain with full range of motion.
25 Respondent's assessment and plan was (1) positive cervical pain (with patient willing to consider
26 physical therapy); (2) prescribe hydrocodone/APAP (Norco) (#120) q 4 (every 4 hours), and

27 ¹² Conduct occurring more than seven (7) years from the filing date of this Accusation is
28 for informational purposes only and is not alleged as a basis for disciplinary action.

1 carisoprodol (Soma) 350 mg (#90) one tab t.i.d. (three times a day); and (3) return to clinic p.r.n.
2 (as needed).

3 22. During the period of on or about June 17, 2011, to December 31, 2011, respondent
4 had seven (7) office visits with patient C. According to respondent's progress notes, the visits
5 took place on June 30, July 14, August 4, August 24, September 7, October 15, November 22,
6 2011. Respondent's progress notes during this time were cursory, lacked adequate detail, failed
7 to set forth any specific goals of treatment including other possible treatment options besides
8 controlled substances, efficacy and/or functional improvement; failed to document, among other
9 things, vital signs, focused physical examinations, informed consent, proper consultation, when
10 warranted, and/or risk screening measures; and failed to provide a clear rationale for any medical
11 decisions, including, but not limited to, any treatment plan and justification for the prolonged use
12 of the controlled substances that were being prescribed. During this period of time, respondent
13 issued approximately ten (10) prescriptions, some of which were post-dated, for
14 hydrocodone/APAP (Norco) (#120) (every four hours); five prescriptions for carisoprodol (Soma)
15 350 mg (#90) t.i.d. (three times a day) and zolpidem tartrate (Ambien) 10 mg (#30) q.h.s. (before
16 sleep).

17 23. During the period of on or about January 1, 2012, to December 31, 2012, respondent
18 had five (5) office visits with patient C. According to respondent's progress notes, the visits took
19 place on January 31, April 17, July 2, September 12, and December 13, 2012. Respondent's
20 progress notes during this time were cursory, lacked adequate detail, failed to set forth any
21 specific goals of treatment including other possible treatment options besides controlled
22 substances, efficacy and/or functional improvement; failed to document, among other things, vital
23 signs, focused physical examinations, informed consent, proper consultation, when warranted,
24 and/or risk screening measures; and failed to provide a clear rationale for any medical decisions,
25 including, but not limited to, any treatment plan and justification for the prolonged use of the
26 controlled substances that were being prescribed. During 2012, respondent issued approximately
27
28

1 fourteen (14) prescriptions¹³ for hydrocodone/APAP (Norco) (#120) (every four hours); seven (7)
2 prescriptions (which includes refills) for carisoprodol (Soma) 350 mg (#90) t.i.d. (three a day);
3 and six (6) prescriptions (which includes refills) for tramadol (Ultram).

4 24. During the period of on or about January 1, 2013, to December 31, 2013, respondent
5 had two (2) office visits with patient C. According to respondent's progress notes, the visits took
6 place on July 1 and December 23, 2013. Respondent's progress notes during this time were
7 cursory, lacked adequate detail, failed to set forth any specific goals of treatment including other
8 possible treatment options besides controlled substances, efficacy and/or functional improvement;
9 failed to document, among other things, vital signs, focused physical examinations, informed
10 consent, proper consultation, when warranted, and/or risk screening measures; and failed to
11 provide a clear rationale for any medical decisions, including, but not limited to, any treatment
12 plan and justification for the prolonged use of the controlled substances that were being
13 prescribed. During 2013, respondent issued approximately seven prescriptions¹⁴ for
14 hydrocodone/APAP (Norco) (#120) (every four hours); two (2) prescriptions (which includes
15 refills) for carisoprodol (Soma) 350 mg (#90) t.i.d. (three a day); six (6) prescriptions (which
16 includes refills) for escitalopram (Lexapro) (a SSRI that is generally used to treat major
17 depressive disorder and generalized anxiety disorder) 20 mg (#30) [with no detailed description
18 of why the Lexapro (with five refills) was being prescribed in the chart notes of December 23,
19 2013]; and two prescriptions for a Lidocaine patch (a topical anesthetic generally used to treat
20 minor pain) with no detailed description in the chart notes of December 23, 2013, as to why
21 patient C was being prescribed a Lidocaine patch (with one refill).

22 ////

23 ////

24 ¹³ At the office visit of December 13, 2012, respondent provided patient C with post-dated
25 prescriptions of Norco 10/325 mg (#120) that were dated January 2, January 22, and February 11,
26 2013. These prescriptions are not included in the number of prescriptions for 2012, but are
included in the number of prescriptions for 2013.

27 ¹⁴ This includes the post-dated prescriptions provided at the office visit of December 13,
28 2012, but does not include a post-dated prescription dated January 13, 2014, that was provided to
patient C during her office visit of December 23, 2013.

25. During the period of on or about January 1, 2014, to December 31, 2014, respondent had three (3) office visits with patient C. According to respondent's progress notes, the visits took place on August 20, October 8, and November 20, 2014. Respondent's progress notes during this time were cursory, lacked adequate detail, failed to set forth any specific goals of treatment including other possible treatment options besides controlled substances, efficacy and/or functional improvement; failed to document, among other things, vital signs, focused physical examinations, informed consent, proper consultation, when warranted, and/or risk screening measures; and failed to provide a clear rationale for any medical decisions, including, but not limited to, any treatment plan and justification for the prolonged use of the controlled substances that were being prescribed. During 2014, respondent issued approximately seven (7) prescriptions (which includes one refill) for hydrocodone/APAP (Norco) (#120) (every four hours); three (3) prescriptions (which includes refills) for carisoprodol (Soma) 350 mg (#90) t.i.d. (three a day); and two (2) prescriptions for fentanyl¹⁵ 12 mcg (every 72 hours) (#10) with no explanation in the chart notes of November 20, 2014, as to the justification for prescribing fentanyl (with two refills) to patient C. During 2014, patient C also filled a total of nine (9) other prescriptions for controlled substances (two prescriptions of hydrocodone/APAP (Vicodin) 5/325 mg (#40), three (3) prescriptions of oxycodone/APAP (Percocet) 10/325 mg (#120), one (1) prescription of diazepam (Valium)¹⁶ 5 mg (#24), two (2) prescriptions of fentanyl (Duragesic) 12

¹⁵ Fentanyl transdermal (Duragesic®) patches are a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subdivision (c), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated fentanyl transdermal patches are indicated for the management of pain in opioid-tolerant patients, severe enough to require daily, around-the-clock, long term opioid treatment and for which alternative treatment options are inadequate. The FDA has issued several black box warnings about fentanyl transdermal patches including, but not limited to, the risks of addiction, abuse and misuse; life threatening respiratory depression; accidental exposure; neonatal opioid withdrawal syndrome; and the risks associated with the concomitant use with benzodiazepines or other CNS depressants.

¹⁶ Diazepam (Valium®), a benzodiazepine, is a centrally acting hypnotic-sedative that is a Schedule IV controlled substance pursuant to Health and Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated, it is used for the management of anxiety disorders or for the short-term relief of anxiety. Concomitant use of Valium® with opioids "may result in profound sedation, respiratory depression, coma, and death." The Drug Enforcement Administration (DEA) has identified benzodiazepines, such as Valium®, as a drug of abuse. (Drugs of Abuse, (continued...))

1 mcg q 48 hours; and one (1) prescription of hydromorphone (Dilaudid)¹⁷ 4 mg (#120) being
2 prescribed by other health care providers, and being filled at different pharmacies, that respondent
3 was unaware of because he was not utilizing risk screening measures, including but not limited to,
4 periodically reviewing CURES.

5 26. During the period of on or about January 1, 2015, to December 31, 2015, respondent
6 had ten (10) office visits with patient C. According to respondent's progress notes, the visits took
7 place on January 7, March 25, June 25, September 9, October 13, October 28, November 4,
8 November 24, December 1, and December 22, 2015. Respondent's progress notes during this
9 time were cursory, lacked adequate detail, failed to set forth any specific goals of treatment
10 including other possible treatment options besides controlled substances, efficacy and/or
11 functional improvement; failed to document, among other things, vital signs, focused physical
12 examinations, informed consent, proper consultation, when warranted, and/or risk screening
13 measures; and failed to provide a clear rationale for any medical decisions, including, but not
14 limited to, any treatment plan and justification for the prolonged use of the controlled substances
15 that were being prescribed. During 2015, respondent issued approximately thirteen (13)
16 prescriptions for hydrocodone/APAP (Norco) (#120) (every four hours); one prescription for
17 hydrocodone/APAP (Norco) (#90) (every four hours); four (4) prescriptions for
18 oxycodone/APAP (Percocet) (#60); one prescription for methylprednisone (Medrol) 4 mg (#21);
19 eight prescriptions for fentanyl (Duragesic) 12 mcg (#10) q 48 hours (one patch every 48 hours);
20 two (2) prescriptions for carisoprodol (Soma) 350 mg (#90) t.i.d. (three a day); nine (9)

21
22 (...continued)
23 DEA Resource Guide (2011 Edition), at p. 53.)

24 ¹⁷ Hydromorphone (Dilaudid®), an opioid analgesic, is a Schedule II controlled substance
25 pursuant to Health and Safety Code section 11055, subdivision (b), and a dangerous drug
26 pursuant to Business and Professions Code section 4022. When properly prescribed and
27 indicated, it is used for the treatment of moderate to severe pain. The Drug Enforcement
28 Administration (DEA) has identified hydromorphone, such as Dilaudid®, as a drug of abuse.
(Drugs of Abuse, DEA Resource Guide (2011 Edition), at p. 37.) The Federal Drug
Administration has issued black box warnings for Dilaudid® which warn about, among other
things, addiction, abuse and misuse, and the possibility of life-threatening respiratory distress.
The warnings also caution about the risks associated with concomitant use of Dilaudid® with
benzodiazepines or other central nervous system (CNS) depressants.

1 prescriptions (which includes refills) for tramadol (Ultram) 50 mg (#90) and prescriptions for
2 various benzodiazepines including, but not limited to, two prescriptions for diazepam (Vallium)
3 (#40), six (6) prescriptions (which includes refills) for temazepam 15 mg (#30) and three (3)
4 prescriptions (which includes refills) for alprazolam (Xanax)¹⁸ 1 mg b.i.d. (#40).

5 27. During the period of on or about January 1, 2016, to April 11, 2016, respondent had
6 three (3) office visits with patient C. According to respondent's progress notes, the visits took
7 place on January 21, February 18, and April 11, 2016. On April 11, 2016, respondent's
8 assessment and plan included "[c]ervical physical therapy 3 days per week" in addition to the
9 controlled substances that he was prescribing for pain and anxiety. Respondent's progress notes
10 during this time were cursory, lacked adequate detail, failed to set forth any specific goals of
11 treatment, efficacy and/or functional improvement; failed to document, among other things, vital
12 signs; focused physical examinations, informed consent, proper consultation, when warranted,
13 and/or risk screening measures; and failed to provide a clear rationale for any medical decisions,
14 including, but not limited to, any treatment plan and justification for the prolonged use of the
15 controlled substances that were being prescribed. During this period of time in 2016, respondent
16 issued approximately five (5) prescriptions for hydrocodone/APAP (Norco) (#120) (every four
17 hours); eight (8) prescriptions for oxycodone/APAP (Percocet) (#60); four prescriptions (which
18 includes refills) for alprazolam (Xanax) 1 mg b.i.d. (#40); and three (3) prescriptions (which
19 includes refills) for diazepam 10 mg (#40).

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24 ¹⁸ Xanax® (alprazolam), a benzodiazepine, is a centrally acting hypnotic-sedative that is a
25 Schedule IV controlled substance pursuant to Health and Safety Code section 11057, subdivision
26 (d), and a dangerous drug pursuant to Business and Professions Code section 4022. When
27 properly prescribed and indicated, it is used for the management of anxiety disorders.
28 Concomitant use of Xanax® with opioids "may result in profound sedation, respiratory
depression, coma, and death." The Drug Enforcement Administration (DEA) has identified
benzodiazepines, such as Xanax®, as a drug of abuse. (Drugs of Abuse, DEA Resource Guide
(2011 Edition), at p. 53.)

1 28. Respondent committed gross negligence in his care and treatment of patient C which
2 included, but was not limited to, the following:

3 (a) Respondent repeatedly prescribed controlled substances to patient C
4 without, among other things, obtaining vital signs, considering less risky
5 therapies, conducting appropriate and focused physical examinations,
6 assessing underlying or coexisting conditions, following a treatment plan
7 with measurable stated objectives in regard to pain level and function,
8 conducting meaningful periodic review, seeking consultation, when
9 necessary, and utilizing risk screening measures to identify aberrant
10 behavior and possible diversion of the controlled substances that were
11 being prescribed; and

12 (b) Respondent failed to maintain complete and adequate medical records
13 concerning his care and treatment of patient C. Respondent's progress
14 notes, among other things, were cursory, lacked adequate detail, failed to
15 set forth any specific goals of treatment including other possible treatment
16 options besides controlled substances, efficacy and/or functional
17 improvement; failed to document, among other things, vital signs, focused
18 physical examinations, informed consent, proper consultation, when
19 warranted, and/or risk screening measures; and failed to provide a clear
20 rationale for any medical decisions, including, but not limited to, any
21 treatment plan and justification for the prolonged use of the controlled
22 substances that were being prescribed.

23 **PATIENT D**

24 29. According to respondent's certified medical records, respondent first started treating
25 patient D, a then-45-year old male, on or about July 21, 2010. Patient D's self-reported chief
26 complaint was "Back pain [and] Anxiety" that he first noticed in 2005 with no specifics as to
27 whether the back pain was related to an injury. Patient D did not indicate any orthopedic or
28 musculoskeletal problems on his past medical history and review of systems forms but did report

1 that he was anxious, depressed and had frequent mood swings on his review of systems form. A
2 "Medication Use Agreement" within respondent's certified medical records was signed by patient
3 D, but not respondent. According to respondent's chart note for this visit, patient D was a
4 construction worker with pain that increased in the morning. He was taking 2 to 3 Norco's a day,
5 and had a history of depression and anxiety that he was managing with alprazolam and Prozac.
6 According to respondent, on physical examination, patient D had, among other things, positive
7 cervical and lumbar pain on flexion with full range of motion. Respondent's assessment and plan
8 was to prescribe hydrocodone/APAP (Norco) (#90) q 4 (every four hours) p.r.n. (as needed);
9 continue with alprazolam (Xanax) 2 mg (#40) b.i.d. (twice a day) for anxiety disorder; and Prozac
10 20 mg (#30) q.d. (one per day) for depression.

11 30. During the period of on or about July 22, 2010, to December 31, 2010, respondent
12 had five (5) office visits with patient D. According to respondent's progress notes, the visits took
13 place on September 9, September 29, November 10, November 30, and December 17, 2010.
14 Respondent's progress notes during this time were cursory, lacked adequate detail, failed to set
15 forth any specific goals of treatment including other possible treatment options besides controlled
16 substances, efficacy and/or functional improvement; failed to document, among other things, vital
17 signs, focused physical examinations, informed consent, proper consultation, when warranted,
18 and/or risk screening measures; and failed to provide a clear rationale for any medical decisions,
19 including, but not limited to, any treatment plan and justification for the prolonged use of the
20 controlled substances that were being prescribed. During this period of time in 2010, respondent
21 issued approximately six (6) prescriptions of hydrocodone/APAP (Norco) (#90) (every four
22 hours); five (5) prescriptions of alprazolam (Xanax) 2 mg (#40) (twice a day) and five (5)
23 prescriptions of Prozac 20 mg (#30) (one per day).

24 31. During the period of on or about January 1, 2011, to December 31, 2011, respondent
25 had twenty-one (21) office visits with patient D. According to respondent's progress notes, the
26 visits took place on January 6, January 24, February 11, February 28, March 18, April 6, April 28,
27 May 16, May 21, June 16, July 1, July 25, August 15, September 1, September 8, September 27,
28 October 17, November 3, November 21, December 9 and December 27, 2011. Respondent's

1 progress notes during this time were cursory, lacked adequate detail, failed to set forth any
2 specific goals of treatment including other possible treatment options besides controlled
3 substances, efficacy and/or functional improvement; failed to document, among other things, vital
4 signs, focused physical examinations, informed consent, proper consultation, when warranted,
5 and/or risk screening measures; and failed to provide a clear rationale for any medical decisions,
6 including, but not limited to, any treatment plan and justification for the prolonged use of the
7 controlled substances that were being prescribed. During 2011, respondent issued approximately
8 nineteen (19) prescriptions for hydrocodone/APAP (Norco) (#90) (every four hours); one (1)
9 prescription of alprazolam (Xanax) 2 mg (#40) (twice a day); ten (10) prescriptions of diazepam
10 (Valium) 10 mg (#40) (twice a day); seven (7) prescriptions (which includes refills) of
11 (fluoxetine) Prozac (generally used to treat depressive and other psychological disorders) 20 mg
12 (#30) (one per day); and one (1) prescription of (fluoxetine) Prozac 40 mg (#60) (two per day)
13 [with no indication in the chart note of September 27, 2011, as to the justification for the increase
14 in the strength and number of Prozac tablets].

15 32. During the period of on or about January 1, 2012, to December 31, 2012, respondent
16 had twenty-one (21) office visits with patient D. According to respondent's progress notes, the
17 visits took place on January 10, January 30, February 20, March 7, March 26, April 12, May 1,
18 May 16, June 4, June 20, July 12, July 25, August 13, August 29, September 17, October 4,
19 October 22, November 15, November 26, December 14, and December 26, 2012. Respondent's
20 progress notes during this time were cursory, lacked adequate detail, failed to set forth any
21 specific goals of treatment including other possible treatment options besides controlled
22 substances, efficacy and/or functional improvement; failed to document, among other things, vital
23 signs, focused physical examinations, informed consent, proper consultation, when warranted,
24 and/or risk screening measures; and failed to provide a clear rationale for any medical decisions,
25 including, but not limited to, any treatment plan and justification for the prolonged use of the
26 controlled substances that were being prescribed. During 2012, respondent issued nine (9)
27 prescriptions for hydrocodone/APAP (Norco) (#90) (every four hours); twelve (12) prescriptions
28 for hydrocodone/APAP (Norco) (#100) (every four hours) [with no indication in the chart note of

1 June 20, 2012, as to the justification for the increasing the Norco from #90 to #100]¹⁹; one (1)
2 prescription of alprazolam (Xanax) 2 mg (#30) (twice a day); two (2) prescriptions of diazepam
3 (Valium) 10 mg (#40) (twice a day) on March 26 and April 13; and eighteen (18) prescriptions
4 (which includes refills) of Prozac 20 mg (#30) (one per day) on June 20, October 4 and October
5 22, 2012.²⁰

6 33. During the period of on or about January 1, 2013, to December 31, 2013, respondent
7 had twenty-two (22) office visits with patient D. According to respondent's progress notes, the
8 visits took place on January 14, January 22, February 11, March 4, March 18, April 8, April 30,
9 May 15, June 3, June 18, July 3, July 15, July 29, August 19, September 3, September 24,
10 October 11, October 28, November 14, December 2, December 6, and December 31, 2013.
11 Respondent's progress notes during this time were cursory, lacked adequate detail, failed to set
12 forth any specific goals of treatment including other possible treatment options besides controlled
13 substances, efficacy and/or functional improvement; failed to document, among other things, vital
14 signs, focused physical examinations, informed consent, proper consultation, when warranted,
15 and/or risk screening measures; and failed to provide a clear rationale for any medical decisions,
16 including, but not limited to, any treatment plan and justification for the prolonged use of the
17 controlled substances that were being prescribed. During 2013, respondent issued twenty-two
18 (22) prescriptions for hydrocodone/APAP (Norco) (#100) (every four hours).

19 34. During the period of on or about January 1, 2014, to December 31, 2014, respondent
20 had twenty-one (21) office visits with patient D. According to respondent's progress notes, the
21 visits took place on January 20, February 4, February 24, March 10, March 31, April 14, May 5,
22 May 19, May 27, June 3, June 23, July 14, July 28, August 18, September 2, September 22,
23 October 9, October 29, November 18, December 8, and December 27, 2014. Respondent's
24

25 ¹⁹ In fact, respondent's progress notes of June 4, 2012, indicated that patient D was
26 controlled on his current regimen of Norco 10/325 mg (#90) and indicated that he had "[n]o
further complaints."

27 ²⁰ Respondent wrote two prescriptions for Prozac in close proximity with one prescription
28 with six refills written on October 4, 2012, and another prescription with six refills written on
October 22, 2012.

1 progress notes during this time were cursory, lacked adequate detail, failed to set forth any
2 specific goals of treatment including other possible treatment options besides controlled
3 substances, efficacy and/or functional improvement; failed to document, among other things, vital
4 signs, focused physical examinations, informed consent, proper consultation, when warranted,
5 and/or risk screening measures; and failed to provide a clear rationale for any medical decisions,
6 including, but not limited to, any treatment plan and justification for the prolonged use of the
7 controlled substances that were being prescribed. During 2014, respondent issued twenty (20) or
8 twenty-one prescriptions²¹ for hydrocodone/APAP (Norco) (#100 which was increased to #120)
9 (every four hours) (the first prescription for #120 was on September 2, 2014, with no justification
10 in the progress notes for the increase from #100 to #120.)²²

11 35. During the period of on or about January 1, 2015, to December 31, 2015, respondent
12 had nineteen (19) office visits with patient D. According to respondent's progress notes, the
13 visits took place on January 15, February 3, February 21, March 10, March 30, April 17, May 6,
14 May 23, June 11, July 2, July 21, August 11, August 31, September 19, October 9, October 28,
15 November 16, December 4, and December 23, 2015. Respondent's progress notes during this
16 time were cursory, lacked adequate detail, failed to set forth any specific goals of treatment
17 including other possible treatment options besides controlled substances, efficacy and/or
18 functional improvement; failed to document, among other things, vital signs, focused physical
19 examinations, informed consent, proper consultation, when warranted, and/or risk screening
20 measures; and failed to provide a clear rationale for any medical decisions, including, but not
21 limited to, any treatment plan and justification for the prolonged use of the controlled substances
22 that were being prescribed. During 2015, respondent issued approximately nineteen (19)

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24 ²¹ Respondent's chart notes of May 27, 2014 indicate one prescription of
25 hydrocodone/APAP (Norco) was prescribed on this date but there is no corresponding copy of the
prescription in respondent's certified medical records.

26 ²² In fact, respondent's prior progress notes indicated patient D was controlled on his
27 current prescriptions, he reported no new complaints, and the plan was to "continue on same
28 treatment" which included Norco (#120). Moreover, the progress notes for March 31 through
July 28, 2014, and September 22, 2014, inaccurately stated Norco (#100) when the actual
prescriptions indicate Norco (#120).

3
1 prescriptions for hydrocodone/APAP (Norco) (#120) (every four hours).

2 36. During the period of on or about January 1, 2016, to December 31, 2016, respondent
3 had twenty (20) office visits with patient D. According to respondent's progress notes, the visits
4 took place on January 11, January 30, February 17, March 7, March 24, April 13, May 2, May 19,
5 June 15, June 27, July 6, July 19, August 23, September 7, September 28, October 5, November
6 10, November 30, December 12, and December 30, 2016. Respondent's progress notes during
7 this time were cursory, lacked adequate detail, failed to set forth any specific goals of treatment
8 including other possible treatment options besides controlled substances, efficacy and/or
9 functional improvement; failed to document, among other things, vital signs, focused physical
10 examinations, informed consent, proper consultation, when warranted, and/or risk screening
11 measures; and failed to provide a clear rationale for any medical decisions, including, but not
12 limited to, any treatment plan and justification for the prolonged use of the controlled substances
13 that were being prescribed. During 2016, respondent issued approximately ten (10) prescriptions
14 for hydrocodone/APAP (Norco) (#120) (every four hours); and nine (9) prescriptions for
15 hydrocodone/APAP (Norco) (#100) (every four hours) [beginning on July 6, 2016, with no
16 indication in the chart note for the reduction from #120 to #100]. Some of the dates listed in
17 respondent's progress notes as to when the prescriptions were issued do not match the actual
18 dates set forth on the handwritten prescriptions.

19 37. During the period of on or about January 1, 2017, to May 4, 2017, respondent had
20 seven (7) office visits with patient D. According to respondent's progress notes, the visits took
21 place on January 5,²³ January 18, February 6, March 2, March 30, April 25, and May 4, 2017.
22 Respondent's progress notes during this time were cursory, lacked adequate detail, failed to set
23 forth any specific goals of treatment including other possible treatment options besides controlled
24 substances, efficacy and/or functional improvement; failed to document, among other things, vital
25 signs, focused physical examinations, informed consent, proper consultation, when warranted,
26 and/or risk screening measures; and failed to provide a clear rationale for any medical decisions,

27 ²³ According to respondent's chart notes, respondent prescribed four hundred (#400)
28 hydrocodone/APAP (Norco) 10/325 mg for November 30, 2016, through January 7, 2017.

1 including, but not limited to, any treatment plan and justification for the prolonged use of the
2 controlled substances that were being prescribed. During this period of 2017, respondent issued
3 approximately seven (7) prescriptions for hydrocodone/APAP (Norco) (#100) (every four hours).
4 There was overlap in some of the prescriptions written by respondent.²⁴

5 38. Respondent committed gross negligence in his care and treatment of patient B which
6 included, but was not limited to, the following:

- 7 (a) Respondent repeatedly prescribed controlled substances to patient D
8 without, among other things, obtaining vital signs, considering less risky
9 therapies, conducting appropriate and focused physical examinations,
10 assessing underlying or coexisting conditions, following a treatment plan
11 with measurable stated objectives in regard to pain level and function,
12 conducting meaningful periodic review, seeking consultation, when
13 necessary, and utilizing risk screening measures to identify aberrant
14 behavior and possible diversion of the controlled substances that were
15 being prescribed; and
16 (b) Respondent failed to maintain complete and adequate medical records
17 concerning his care and treatment of patient D. Respondent's progress
18 notes, among other things, were cursory, lacked adequate detail, failed to
19 set forth any specific goals of treatment including other possible treatment
20 options besides controlled substances, efficacy and/or functional
21 improvement; failed to document, among other things, vital signs, focused
22 physical examinations, informed consent, proper consultation, when
23 warranted, and/or risk screening measures; and failed to provide a clear
24 rationale for any medical decisions, including, but not limited to, any

25 ²⁴ As an example, respondent's progress notes for December 30, 2016, indicate he wrote
26 one prescription for Norco (#100) that was not to be filled until January 8, 2017. Respondent's
27 subsequent progress notes of January 5, 2017, indicated he wrote another prescription for Norco
28 (#100) that was not to be filled until January 7, 2017. In doing so, he effectively gave patient D
two prescriptions for Norco (#100) that could both be filled on January 8, 2017, or shortly
thereafter.

1 treatment plan and justification for the prolonged use of the controlled
2 substances that were being prescribed.

3 **SECOND CAUSE FOR DISCIPLINE**

4 **(Repeated Negligent Acts)**

5 39. Respondent is further subject to disciplinary action under sections 2227 and 2234, as
6 defined by section 2234, subdivision (c), of the Code, in that he committed repeated negligent
7 acts in his care and treatment of patients A, B, C, and D, as more particularly alleged in
8 paragraphs 7 through 38, above, which are hereby incorporated by reference and realleged as if
9 fully set forth herein.

10 **THIRD CAUSE FOR DISCIPLINE**

11 **(Incompetence)**

12 40. Respondent is further subject to disciplinary action under sections 2227 and
13 2234, as defined by section 2234, subdivision (d), of the Code, in that he has
14 demonstrated incompetence in his care and treatment of patient A, B, C and D, as more
15 particularly alleged in paragraphs 7 through 38, above, which are hereby incorporated by
16 reference and realleged as if fully set forth herein.

17 **FOURTH CAUSE FOR DISCIPLINE**

18 **(Failure to Maintain Adequate and Accurate Medical Record)**

19 41. Respondent is further subject to disciplinary action under sections 2227 and
20 2234, as defined by section 2266, of the Code, in that he failed to maintain adequate and
21 accurate records in his care and treatment of patients A, B, C and D, as more particularly
22 alleged in paragraphs 7 through 38, above, which are hereby incorporated by reference
23 and realleged as if fully set forth herein.

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4. Taking such other and further action as deemed necessary and proper.

Kimberly Kirschmeyer
KIMBERLY KIRSCHMEYER
Executive Director
Medical Board of California
Department of Consumer Affairs
State of California
Complainant

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